

# Integrating Decision Education and Media Literacy:

## Lessons and Resources

Decision Education and media literacy can work together to empower your students to think critically and take informed action. Looking to get started? [Check out the resources below.](#)

To learn more about the four domains of Decision Education (Recognizing and Resisting Cognitive Biases, Valuing and Applying Rationality, Thinking Probabilistically, and Structuring Decisions), [click here.](#)

### Rationality and Reasoning

**VAR2:** Recognize, practice, and demonstrate **intellectual humility**

- [Updating Your Thinking](#)

**VAR3:** Recognize, practice, and demonstrate **active open-mindedness**

- [Practicing Active Open-Mindedness](#)
- [Adolescents and Day-to-Day Decision-Making](#)

**VAR4:** Recognize, practice, and demonstrate a **truth-seeking** mindset

- [Deep Fakes: What do we believe, what do we share?](#) (From *Project LookSharp*)
- [The Truth about Coronavirus: Google searching for Covid-19](#) (From *Project LookSharp*)
- [Finding Credible News](#) (from Common Sense Media)

**VAR8:** Apply **scientific reasoning** to problem-solving and decision-making

- [The Numbers We Know](#)

### Resistance to Bias and Manipulation

**SD4:** Gather and **analyze information** from multiple sources to evaluate decision options

- [Using the Outside View to Predict](#)

**CBI:** Identify **cognitive biases** and heuristics and the role they play in our decision-making and our views of the world

- [Cognitive Bias Menu](#)
- [Confirmation Bias](#)
- A lesson series from *Delta Learns*:
  - [What is Bias?](#)
  - [Identifying Bias](#)
  - [Choose Your Own Bias Adventures](#)

**TP3:** Use probabilistic thinking to **evaluate evidence** and truth claims, and to **update beliefs**

- [Degrees of Confidence](#)

### Self-Awareness and Agency

**VAR5:** Practice and demonstrate **self-awareness** of thought processes and behavior

- [Discover Your Decision-Making Style](#)
- [Errors of System 1](#)
- [Music, Media, and Making Meaning](#) (from *Project Look Sharp*)

**VAR6:** Practice and demonstrate **self-regulation** and **self-direction**

- [Thinking Fast vs. Thinking Slow](#) (from *Delta Learns*)

**VAR7:** Create and track sustainable and desirable **habits**

- [HabitWise Unit](#)
- [Personal Goals and Healthy Habits](#)

**Other great sources to check out:**

- Common Sense Media's [resources for middle school](#)
- Media Smarts' [Use, Understand and Engage](#) framework

For more detail and additional guidance, check out our [K-12 learning standards](#) to view the learning progressions for each standard above.