

Full Lesson: Discover Your Decision-Making Style

<p>Grade Level 6th–12th</p> <p>Suggested Timing 30–60 min</p> <p>Standard VAR.5 Practice and demonstrate self-awareness of thought processes and behaviors.</p>	<p>Goal:</p> <ul style="list-style-type: none"> Students identify and reflect on their thoughts processes, feelings, and preference as they make decisions. <p>Impact:</p> <p>Different parts of our identity often show up in our decision-making processes and preferences. This introductory task provides an opportunity for students to engage in explicit talk about how they make decisions and why, building their awareness of the beliefs and behaviors that might be impacting their decision-making.</p> <p>Lesson:</p> <p>Have your students take Kent State’s Discover Your Decision-Making Style online survey. (see the “differentiation” section below if the online format presents challenges)</p> <p>Group your students by decision-making style to provide an opportunity to discuss their results.</p> <p>Suggested Discussion Questions:</p> <ul style="list-style-type: none"> Do you feel like these results represent your real decision-making style? What are your strengths and challenges as this type of decision-maker? How do different parts of your identity show up in your decision-making style? <p>After the small group discussions, give students time to process their thoughts and record any realizations or takeaways.</p> <p>Suggested Written Reflection:</p> <p>How is it helpful to understand your own decision-making style? How might it be helpful to understand others’ decision-making styles?</p>
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Differentiation:

If the online format of the Kent State survey presents a challenge, you could use this [alternative](#) from [My Learning Solutions](#).

Optional extensions:

Have students imagine that they and a friend are in charge of planning the school's next dance. Have students imagine what the process would be like if they and their friend had the SAME decision-making style. Have students imagine what the process would be like if they and their friend had DIFFERENT decision-making styles.